# **Emergency Preparedness Begins with You**

When disaster strikes, your chances of staying safe, healthy and comfortable are much better if you are prepared. This 90-minute presentation offers the information you need to prepare yourself and your family to survive on your own for up to 7 days after any type of disaster. Each household participating in the presentation will receive a free workbook to help with emergency planning.

Note: The Saanich Emergency Program will also come to you to present to a group of 10 people or more. For more information please contact the SEP office at 250-475-7140 or SEP@saanich.ca.

# Tuesday, January 29, 2019, 6:30-8:00 p.m.

Saanich Commonwealth Place, 4636 Elk Lake Drive Register for course #19078 at 250-475-7600

# Wednesday, February 20, 2019, 7-8:30 p.m.

G.R. Pearkes Recreation Centre, 3100 Tillicum Road Register for course #16906 at 250-475-5400

# Thursday, March 28, 2019, 7-8:30 p.m.

Gordon Head Recreation Centre, 4100 Lambrick Way Register for Course # 17969 at 250-475-7100

# Thursday, April 25, 2019, 7-8:30 p.m.

Cedar Hill Recreation Centre Register for course #18934 at 250-475-7100

### Saanich Emergency Program's Speakers' Series

The Saanich Emergency Program is hosting a Speakers' Series with each speaker covering a different topic that could include the hazards that surround us, the utilities we use, or a different perspective on responding to an emergency.

#### BC Hydro, Marc Spencer, Public Safety

Wednesday, January 23, 2019, 7-8:00 p.m. Gordon Head Recreation Centre, 4100 Lambrick Way Register for course # 17967 at 250-475-7100

Some of the topics Mr. Spencer will cover are the BC Hydro system, voltages and limits of approach, and the underground locate process at BC Hydro.

#### **SEP Volunteer Information Sessions**

Are you interested in emergency preparedness and helping your community? Discover the rewards of volunteering with the Saanich Emergency Program. We are recruiting for positions in Emergency Social Services and Emergency Radio Communications and Neighbourhood Emergency Preparedness presenters. All training is provided.

# Wednesday, February 6, 2019, 7-8 p.m.

G.R. Pearkes Recreation Centre, 3100 Tillicum Road Register for course # 16905 at 250-475-5400

# Monday, April 1, 2019 7-8 p.m.

Gordon Head Recreation Centre, 4100 Lambrick Way Register for course #19266 at 250-475-7100